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Antibiotics linked to childhood
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Diabetes Problem Obesity In Hong
Kong Risk

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Using the same BMI cut-off (25 kg/m²), Hong Kong has one of the highest prevalence of obesity amongst various Chinese communities (Mainland China: 16.7% in men, 15.4% in women; Taiwan: 22.3% in men, 19.9% in women) 17. Central Obesity.

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Obesity in Hong Kong - Risk and Burden

Obesity in Hong Kong is generally considered to be a risk factor rather than a disease (though morbid obesity is sporadically classified as a disease). The

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primary focus appears to be on prevention and lifestyle intervention (mostly in children), with little emphasis on medical treatment.

Hong Kong | World Obesity
Federation Global Obesity ...

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It is calculated by dividing the body weight (in kg) by the square of height (in m): kg/m^2 . For Chinese adults living in Hong Kong, BMI from 23.0 to less than 25.0 kg/m^2 is classified as overweight and BMI 25.0 kg/m^2 or above is classified as obese.

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Obesity increases the risk for a number of chronic diseases, such as hypertension, heart diseases, hypercholesterolaemia, diabetes mellitus, cerebrovascular disease, gall bladder disease, osteoarthritis, sleep apnoea and some types of cancer (...

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Centre for Health Protection -
Obesity

Obesity in Hong Kong is often caused or exacerbated by: A lack of physical exercise. Cultural belief in fatter children being healthier and cuter. Social

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misunderstandings around obesity being “genetic” and beyond individual control. School or work pressure to perform sedentary tasks rather than ...

Obesity in Hong Kong reaches record highs - 50% now ...

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Obesity has been a massive but silent killer, resulting in serious health problems such as cardiovascular disease, diabetes, hypertension and even cancer. In Hong Kong, the prevalence of children obesity is increasing yearly. Life-course approach has

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been recommended as a comprehensive prevention to reduce health burden of children obesity.

Childhood obesity prevention in Hong Kong: A life-course ...
Author information: (1)School of

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Public Health, The University of
Hong Kong, 21 Sassoon
Road, Pokfulam, Hong Kong SAR,
China. syho@hku.hk 1. Onset of
obesity is related to age, gender,
pubertal stage, dietary habits, and
parental occupation. Targeting the
high risk groups may help curb

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obesity in children. 2. Obesity may lead to poor self-esteem and potential psychosocial risk.

Risk factors and outcomes of childhood obesity in Hong ...

The WHO calls obesity “ a major risk for serious diet-related

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Chronic diseases, including type 2 diabetes, cardiovascular disease, hypertension and stroke, and certain forms of cancer ” . Chung said...

Are Hongkongers really getting fatter? The recent obesity ...

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The number of overweight people rose from 17.8 per cent to 20.1 per cent, while obesity increased from 21 per cent to 29.9 per cent. The survey predicted a 10.6 per cent risk of cardiovascular...

Half of Hongkongers over 15 now

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overweight or obese ...

living in Hong Kong. For most Asian adults including Chinese, central obesity is defined as waist circumference > 90 cm for men and > 80 cm for women. The Population Health Survey 2014/15 of the Department of Health found

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And Burden that 50.0% of persons aged 15 – 84 (57.0% of males and 43.6% of females) were overweight and obese; 36.5% (31.2% of males

Obesity: A Weighty Health Issue -
Centre for Health Protection
Hong Kong Obesity Society

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(HKOS) was set up in April 2016 with the following principal aims:
To raise awareness of obesity in Hong Kong. To serve as a platform to connect doctors and allied health professionals involved in the management of obesity and obesity-related disorders.

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Hong Kong Obesity Society

The experiences in Hong Kong, Taiwan, and Singapore suggest that social distancing orders, if lifted after short periods, will have to be periodically reinstated to control COVID 19 flare ups (). In

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short, we anticipate that the COVID 19 pandemic will likely double out of school time this year for many children in the United States and will exacerbate the risk factors for weight gain ...

COVID 19 – Related School

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Closings and Risk of Weight Gain

...

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Risk And Burden population were
59.7%, 35.0%, 26.7% in men and
32.0%, 21.7%, 26.7% in women.
Obesity in Hong Kong - Risk and
Burden Background/objectives:

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Excessive consumption of sugar-sweetened beverages (SSBs) increases risk of Page 8/27

Obesity In Hong Kong Risk And Burden - modapktown.com
Western definitions of obesity, if used to determine levels in Asian

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And Burden, give much lower prevalences than among European and North American populations. For example, if a BMI ≥ 30 kg/m² is used to define obesity, up to 25% of Europeans but only 2% to 5% of Hong Kong Chinese will be classified as obese (Ko et al.

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Obesity and nutritional health in Hong Kong Chinese people ...
Objective: Body fat distribution has been reported to differentially contribute to the development of cardiovascular risk. We report the

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Relative associations between
general and central obesity and
risk factors in 2893 Chinese
subjects recruited from the Hong
Kong population.

Impact of Obesity and Body Fat
Distribution on ...

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Socio-economic status, health awareness, and dietary habits have been reported as common risk factors of dental caries and obesity. The present study aimed to explore shared mediators between caries and obesity and to estimate the effects of caries-

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related factors on adiposity. This was a cross-sectional study among adolescents aged 18 years. The study was nested in a population-representative ...

Caries-related risk factors of obesity among 18-year-old ...

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Excessive consumption of sugar-sweetened beverages (SSBs) increases risk of obesity. Similar data are lacking in Chinese populations with rapid nutritional transition. We aimed to examine the...

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Risk And Burden associations of obesity with
sugar-sweetened ...

Objective: To describe the dietary
patterns and examine the
associations of these patterns with
risk of overweight and obesity in
Chinese adolescents. Methods:
Baseline data collected between

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November 2003 and October 2004
from 171 boys and 180 girls aged
10 – 12 years who participated in
the Hong Kong Adolescent Bone
Health Cohort Study were
analyzed.

A Cross-sectional Study to

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Examine the Association Between

...

Upcoming Activities. Online registration for the 22nd Diabetes and Cardiovascular Risk Factors – East Meets West Symposium

Hong Kong Institute of Diabetes

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Results: This study included 208 280 students (6-18 years of age) from 438 schools (45% of Hong Kong). Prevalence of obesity was 5.0%.

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